

Zeitplan: Samstag, den 08.02.2025;

Änderungen vorbehalten.

21.01.2025

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85+	Zeit	W30/35	W40/45	W50/55	W60/65/70	W75/80/85+
				Kugel, F	Kugel, F	14:30					
						15:00					
						15:30					
		Kugel F				16:10					
Dreisprung F, Balken: 7 / 9m						16:10	Dreisprung F, Balken: 7 / 9m				
						16:15					
						16:30					
						17:00					
Dreisprung F, Balken: 9 / 11m						17:15	Dreisprung F, Balken: 9 / 11m				
			Kugel F			17:30					
						17:45					
						18:00					
						18:15					
						18:30					

Zeitplan: Sonntag, den 09.02.2025;

Änderungen vorbehalten.

21.01.2025

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85+	Zeit	W30/35	W40/45	W50/55	W60/65/70	W75/80/85+
				60 mHü, ZL		10:30			60 mHü, ZL Weit, F	Weit, F	Weit, F
			60 mHü, ZL			10:35		60 mHü, ZL			
		60 mHü, ZL				10:45	60 mHü, ZL				
60 mHü, ZL	60 mHü, ZL					10:55					
				60 m, ZL		11:05					
					60 m, ZL	11:15					
			60 m, ZL			11:20					
		60m, ZL (50)				11:25					
		60m, ZL (55)				11:35					
	60 m, ZL			Weit, F	Weit, F	11:45					
60 m, ZL						11:55					
						12:05	60 m, ZL				
						12:15		60 m, ZL			
						12:20				60 m, ZL	60 m, ZL
						12:30			60 m, Z		
						12:55	800 m, ZL	800 m, ZL	800 m, ZL	800 m, ZL	800 m, ZL
Hoch, F	Hoch, F	Hoch, F	Weit, F			13:00					
			800 m, ZL			13:05					
				800 m, ZL	800 m, ZL	13:10					
Stab AH1,60	Stab AH1,60	Stab AH1,60	Stab AH1,60	Stab AH1,60	Stab AH1,60	13:15	Stab AH1,60 Kugel, F	Stab AH1,60	Stab AH1,60	Stab AH1,60	Kugel F
		800 m, ZL				13:20					
800 m, ZL	800 m, ZL					13:25					
						13:30					
			200 m, ZL			14:00					
						14:10			Kugel, F	Kugel, F	
		200 m, ZL				14:15					
						14:25	Weit, F	Weit, F			
				200 m, ZL		14.35					

M30/35	M40/45	M50/55	M60/65	M70/75	M80/85+	Zeit	W30/35	W40/45	W50/55	W60/65/70	W75/80/85+
			Hoch, F		200 m, ZL	14:45					
	200 m, ZL					14:50					
200 m, ZL						15:00					
						15:15				200 m, ZL	200 m, ZL
						15:30			200 m, ZL		
	Kugel, F					15:35					
						15:40	200 m, ZL				
						15:50		200 m, ZL			
		Weit, F		Hoch, F	Hoch, F	15:55					
		1500m, ZL				16:05					
1500m, ZL	1500m, ZL					16:15					
			1500m, ZL			16:25					
				1500m, ZL	1500m ZL	16:35					
						16:45					
4x200m, ZL Stab AH2,70	4x200m, ZL Stab AH2,70	Stab AH2,70	Stab AH2,70	Stab AH2,70		16:50	Stab AH2,70	Stab AH2,70	Stab AH2,70	Stab AH2,70	
Kugel, F						17:00	4x200m, ZL	4x200m, ZL	4x200m, ZL	4x200m, ZL	
		4x200m MIX				17:10			4x200m MIX		
4x200m MIX						17:15					
Weit, F	Weit, F					17:20					
		4x200m, ZL	4x200m, ZL	4x200m, ZL		17:25	Hoch, F	Hoch, F	Hoch, F	Hoch, F	
						17:30					
						17:40	1500m, ZL	1500m, ZL	1500m, (50)		
						17:50			1500m, (55)	1500m, ZL	1500m, ZL
400 m, ZL	400 m, ZL					18:00		Kugel, F			
			400 m, ZL	400 m, ZL	400 m, ZL	18:10					
						18:15					
		400 m, ZL				18:25					
						18:35			400 m, ZL	400 m, ZL	
						18:45	400 m, ZL	400 m, ZL			